DAY 23 · Part 3 · What It Can Do

Writing homework: how much do you hand over, and where do you take over? — Writing helper

Five-Minute AI Lessons · Sep 29, 2026

factnotes

You can hand over the fixing, but hand over the choosing too, and nothing's left.

In a nutshell

1. AI is most useful not as a machine that writes for you, but as **a tool that helps you work over what you wrote**.

2. The rule is surprisingly simple. **Your thoughts, your experiences and fact-checking are yours to do**; polishing, shortening and listing ideas you can hand over.

3. Sentences AI wrote still go out with your name on them. So **only keep sentences you can read and nod along to** — that's the final checkpoint.

In one picture

OK to hand over vs. mine to do

OK to hand over

- Fixing spelling and punctuation
- Cutting length, polishing sentences
- Listing lots of idea options
- Making hard sentences simpler

→

Mine to do

- My own thoughts and arguments
- Things I experienced
- Checking numbers and facts
- Choosing what stays

Everything on the right is either 'something only I have' or 'something I'm responsible for if it's wrong.'

Key idea: hand over the fixing, do the choosing yourself

Experiment · Pick one

This step: hand it over, or do it myself?

Hand it to AI

When this one fits

- ✓ You've finished writing, but spelling...
- ✓ You can't think of a title for your c...
- ✓ Your finished piece is 900 words, but...

Do it myself

When this one fits

- ✓ It's the part of your book report whe...
- ✓ It's the part where you write what ha...
- ✓ You want a stat like 'what percent of...

The rule

How to choose

- ✓ What you can hand over is 'fixing and...
- ✓ '

We split a writing assignment into six pieces. For each one, pick one of the two. Each pick gets graded right a...

Try it yourself in the web lesson · next-token.net/en/learn/day-23/

Quick check

Just three questions

Q1 Which part of a book report should you never hand over?

① Fixing spelling
② Listing title ideas
③ Making sentences shorter
④ What I thought about it

Q2 AI gave you twenty title ideas. What next?

① I pick one myself
② Use the first one
③ Get twenty more
④ Glue them all together

Q3 What should you do with numbers for a presentation?

① Use the AI's answer as is
② Check the original source
③ Round them roughly
④ Leave the numbers out

Know the why, too

Q1

④

Your thoughts are material only you have. Hand that part over, and it turns into a book description instead of a book report — and readers notice fast.

Q2

①

Hand over the laying out, do the picking yourself. The moment you pick, that title becomes your judgment.

Q3

②

AI can make up believable-sounding numbers. Find whoever first published the number, like a survey group, check it there, and write down the source.

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but hand over the choosing too, and nothing's left.



Tomorrow: Coding — describe it in words and code comes out, but what comes next is the real part.