DAY 43 · Part 4 · What to Watch Out For

What if a call comes in your family's voice? — AI scams

Five-Minute AI Lessons · Oct 19, 2026

A voice can be copied, but a call you make yourself can't.

In a nutshell

1. AI scams always follow the same steps. **Copy a voice or face → pretend to be someone you know → rush you → ask for money or information**.

2. The FBI in the US has put out **an official warning that AI-made voices, photos and videos are being used in scams**. Even a short voice clip is enough to copy someone pretty closely.

3. Stopping it is almost boringly simple. **Hang up, then call back yourself on the number you already knew**. If it really is your family, calling back changes nothing.

In one picture

What scams aim for / What breaks them

What scams aim for

· A voice and face you know
· The rush of 'right now'
· Making you decide alone

→

What breaks them

· Hang up and call back yourself
· Pause a beat and think
· Tell an adult nearby

Don't try to tell by ear whether the voice is real — that's hard now. Instead, you change who's calling whom.

Key idea: don't try to guess if it's real — call back yourself on a number you know

Experiment · Put it in order

The order of a scam, and the order for cutting it off

How a scam comes at you

1. Grab a short voice clip
2. Copy the voice
3. Call pretending to be family
4. Pressure: 'It's urgent!'
5. Ask for money or info

Collect the material, copy, make it urgent, demand. Without the 'it's urgent' p...

How you cut it off

1. Hang up first
2. Call a number you know
3. Check with family directly
4. Tell an adult

Hanging up isn't rude. If it was real, you just call back, so you lose nothing;...

When someone poses as a f...

1. An unfamiliar account
2. An urgent favor message
3. Asks for a link or money
4. Check with your friend

Even if it sounds like your friend, stop if the account is unfamiliar. Checking...

Tap the mixed-up pieces in order. Once you know the path a scam takes, you can see where to cut it off.

Try it yourself in the web lesson · next-token.net/en/learn/day-43/

Just three questions

Q1

What's the surest way to stop an AI scam call?

① Hang up and call back on a number you know
② Tell the real voice apart by ear
③ Stay on the call longer
④ Ask the caller their name

Q2

Why do scammers push 'it's urgent'?

① They really are out of time
② So you don't get time to check
③ To save on their phone bill
④ To be polite

Q3

A friend asks for an urgent favor from an unfamiliar account. You...

① Send it right away
② Ask that account back
③ Check via your usual contact
④ Tap the link to see

Know the why, too

Q1

① Voices are hard to tell apart by ear now. But if you change who's calling whom, the copy is useless.

Q2

② The whole thing falls apart once you check, so they don't give you time to. That's why the more urgent it feels, the more you pause.

Q3

③ If you ask that account, the scammer is the one who answers. Checking only means something through the contact you already used.

A voice can be copied,
but a call you make yourself can't.



Tomorrow: Not leaning on it too much — if you hand more and more to AI, what happens to your own skills?